

## Senior Advisory Board General Meeting Friday, November 19, 2021

Meeting called to order at 1:03 pm by chair RoseMarie Panio. Meeting was held in the YCC room of the Albert A. Capellini Community Center.

A light lunch was provided by NewYork-Presbyterian Hudson Valley Hospital as members entered the meeting room which consisted of wraps, fruit and water.

Pledge of allegiance, followed by moment of silence.

RoseMarie thanked all for coming to the meeting. She introduced the board members present. She acknowledged Alice Roker, Diana Quast, Town Clerk, Superintendent James Martorano, and Ed Lachterman as liaison to Senior Advisory Board.

Alice Roker introduced our guest speaker, Dianne Poonai, Program Administrator of Westchester County Senior Programs and Services (WCSPS) and Laura Markewitz. Dianne spoke about Medicare. She warned about the ads that are seen on TV. Do not be fooled or drawn in by the ads. The best way to find out about Medicare is to call **914-813-6100**. WCSPS in conjunction with HICAP has in-person counselors there to answer any of your questions. Medicare is a difficult system to navigate so she urged all there to call and speak to one of their counselors who have at their fingertips the information to give to seniors. It is particularly good for Medicare Receipts to call WCSPS during this open enrollment which ends Dec. 7 in order to get the best deal for them. She mentioned Epic which is available only to New York State residents. Hart Library has in person consultations on Tuesdays. HICAP has counselors there. The library can be reached at 914-231-3260.

Ellen Bloom, NYP/HVH representative gave us an update of the wonderful things happening at NYP/HVH. She complimented Dianne on her presentation. She mentioned the new Heart Catheter unit at the hospital. Now patients will not have to be transported to Westchester Medical or Lawrence Hospital but can be treated right here for heart issues.

Matt Slater thanked Alice Roker and Vishnu Patel who were present. He thanked them for all their years of service. He announced that the Nutrition Center opened last week. Senior Groups will be allowed back in the building in December. He reminded us that if you need help with heating that HEAP is available. For further information please call Jenna at **914-962-5722 x 201**. He is available also at 914-962-5722 x 200. He thanked Paul Martin for his help with the wonderful Veteran's parade. He also recognized Tony Grasso a WWII veteran who has done much for Yorktown. The Gazebo at the DeVito Veterans Park is being refurbished with a partnership between the Town, the Lions Club and DeVito Foundation. He also thanked Vishu Patel for his keeping this on the forefront of projects to do. The handicap ramp has been redone. It was all done by volunteers. COVID booster shots are available. Jim Martorano of Parks and Recreation wanted him to remind folks that senior fitness classes are currently open for enrollment. These will be available in January and will be held in the gym at the ACCCC. There is an upcoming budget meeting on December 7<sup>th</sup>. The

budget has a zero tax increase. Senior housing: the overlay district legislation will allow for new flexible creativity development in our hamlets. There will be a hearing on Dec. 14<sup>th</sup> in the gym of the ACCCC starting at 7:30 pm. Our Town Clerk, Diana Quast is in the process of getting the peddler's law updated. This is a do not knock law. She thanked Diana for this initiative. Small business Saturday is coming up. Shop local this holiday season. Turkey Trot will be held again. He also reported that United For the Troops sent over 26,000 boxes this year. This is a 100% volunteer group. December 4<sup>th</sup> is holiday lights parade. November 28<sup>th</sup> there will be the lighting of the Menorah here at Veteran's Field.

RoseMarie wanted to remind everyone that we have a suggestion box outside the Clerk's office at Town Hall. She thanked everyone for coming and wished everyone a happy and healthy Thanksgiving. The next meeting will be Friday, December 17<sup>th</sup> at 1:00pm.

Meeting adjourned at 2:40 pm. Respectfully submitted,

Respectfully submitted,

***Daryl Lindholm***

Secretary