

AQUATICS

GYM SWIM

Program No: **311302-A, B, C (Session 1)**
111302-A, B, C (Session 2)

Day & Time: **A: Mondays – 12:30 to 2:00pm**
(ages 3 to 5 years)
B: Tuesdays – 12:30 to 2:00pm
(ages 3 to 5 years)

Dates: **A: September 12 – November 7 (8 classes)**
(no classes October 10)
B: September 13 – November 1 (8 classes)

Site: Club Fit at Jefferson Valley

Fee: \$250.00 per program number

About the program: Includes gym activities to develop coordination and agility through games and team play. Swim instruction for the 3 to 5 year olds has an American Red Cross 5:1 ratio, allowing children to participate in water exploration that teaches water safety and swimming skills during a 30 minute session.



YOUTH INSTRUCTION

Program No: **311101-A, B, C, D (Session 1)**
111101-A, B, C, D (Session 2)

Day: Saturdays

Dates: **Session 1: September 17 - November 19**
(9 weeks) (no class October 8)
Session 2: March 10 – May 12 (9 weeks)
(no class April 7)

Site: **Session 1: Lakeland Copper Beech Middle School Pool**
Session 2: TBD

Class Time: Each participant will be assigned to a 30-minute class between 9:00am and 11:30am according to his/her ability level after testing on September 17th and March 10th

Testing Time on Sept. 17: **Session 1:**
A: Grades K and 1: 9:00 to 9:40am
B: Grades 2 and 3: 9:30 to 10:20am
C: Grades 4, 5, 6: 10:30 to 11:15am
D: Grades 7 and up: 11:00 to 11:30am

Testing Time on March 10: **Session 2:**
A: Grades K and 1: 9:00 to 9:40am
B: Grades 2 and 3: 9:30 to 10:20am
C: Grades 4, 5, 6: 10:30 to 11:15am
D: Grades 7 and up: 11:00 to 11:30am

Fee: \$80.00 per program number

About the program: Instruction will be offered according to Red Cross Instructional Levels 1, 2, 3, 4, etc. All children currently in Kindergarten must provide a birth certificate with their registration showing they are 5 years old by December 1, 2010. Parents: please note that the pool shallow end water is 3.5 feet deep, and platforms are placed in the shallow end of the pool for the children to stand on.



Club Fit Staff

SWIMMING IMPROVEMENT AND PRE-LIFEGUARDING SKILLS

Program No: **311201-A (Session 1)**
111201-A (Session 2)

Day & Time: Saturdays – 11:45am to 12:15pm

Dates: **Session 1: September 17 - November 19**
(9 classes) (no class October 8)
Session 2: March 10 – May 12 (9 classes)
(no class April 7)

Site: **Session 1: Lakeland Copper Beech Middle School Pool**
Session 2: TBD

Fee: \$80.00 per program number

About the Program: Students must have at least LEVEL 5 stroke skills and will be water tested for this at first session. Stroke improvement and skills necessary to prevent, recognize and respond to aquatic emergencies will be taught. Other topics which will be covered include safety, recognizing emergencies, self rescue, non-swimming rescue and assistance.

ADULT LAP SWIM

Program No: **312201-A – Mondays (Session 1)**
312201-B – Wednesdays (Session 1)
112201-A – Mondays (Session 2)
112201-B – Wednesdays (Session 2)

Day, Time & Dates: **Mondays - 8:00 to 9:30pm**
Session 1: September 19 – November 14
(8 weeks) (no class October 10)
AND/OR
Wednesdays - 8:00 to 9:30pm
Session 1: September 21 – November 16
(8 weeks) (no class September 28)
Session 2: Mondays - March 5 – May 7
(8 weeks) (no class April 2, 9)
Session 2: Wednesdays - March 7 – May 2
(8 weeks) (no class April 4)

Site: **Session 1: Lakeland Copper Beech Middle School Pool**
Session 2: TBD

Fee: \$63.00 - 1 day per week (Senior Citizen Discount applies)
\$115.00 - 2 days per week (Sr. Citizen Discount applies)

About the program: Program for individuals 18 and over. A minimum of 2 lanes will be available. Registration is limited. This program may require a "circle swim" format to be implemented in the lanes.



DISABLED/THERAPEUTIC SWIM

Program No: **312301-A (Session 1)**
112301-A (Session 2)

Day & Time: Saturdays - 12:15 to 1:30pm

Dates: **Session 1: September 17 – November 12**
(8 weeks) (no class October 8)
Session 2: March 10 – May 5 (8 weeks)
(no class April 7)

Site: **Session 1: Lakeland Copper Beech Middle School Pool**
Session 2: TBD

Fee: No charge - Must pre-register by calling Recreation Office for program application.

About the program: Program is designed for the physically disabled person along with those individuals that doctors or therapists suggest water exercise as part of their recovery or maintenance. Each participant may swim laps or exercise at their own pace.

AQUATICS (Continued)

YORKTOWN SWIM & DIVE TEAM

Brian J. Slavin Aquatic Facility

About the program: A 6 to 7 week program beginning on Monday, June 18, 2012. The first week of practice will be from 6:00pm to 7:30pm. Regular morning sessions will begin on June 25, 2012. All practice sessions are Monday thru Friday, emphasizing quality stroke development and diving instruction. **THIS IS NOT A BEGINNER'S SWIMMING PROGRAM.** Team size is limited. Certain age groups may require tryouts due to excessive registration numbers.

Registration: Log on to: www.yorktownny.org/ and go to Parks & Recreation page to download form.

Team Swimsuits will be on sale at the in-person registration or call 1-800-526-8788 (When calling please mention Yorktown Swim & Dive Team). In-person registration will take place at the Sparkle Lake Service Building on May 19, 2012 from 9:00 to 11:00am.

There will be a mail-in registration deadline of May 13, 2012: (information to be included in 2012 Spring/Summer brochure)

FEE: TBD

Eligibility: Yorktown residency is **REQUIRED**. ALL registration forms (either mailed or in-person) **must include** a copy of the parent's/guardian's current valid driver's license AND a copy of a current utility bill; otherwise your registration will not be accepted. Children **MUST** be able to swim one length of the pool (25 yards). This will be verified at the first practice session. **SWIMMERS NOT MEETING THIS REQUIREMENT WILL BE GIVEN FULL REFUNDS. OTHERWISE YORKTOWN RECREATION DEPARTMENT'S REFUND POLICY IS IN EFFECT FOR THE SWIM & DIVE TEAM. All refunds are processed directly by the team.** For questions or further information, please call 218-1393 or 245-4121 between 5:00pm and 9:00pm.

PRE-SCHOOL PROGRAMS

PEEWEE ALL STAR BASKETBALL

Solaris Sports Club Personnel

Program No: **325601-A (Session 1)**
325602-A (Session 2)
125601-A (Session 3)
125602-A (Session 4)

Day & Time: Tuesdays – 9:30 to 10:15am (6 classes)
Dates: **Session 1:** September 27 – November 1
Session 2: November 15 – December 20
Session 3: January 10 – February 14
Session 4: March 6 – April 17
(no class April 3)

Site: Solaris Sports Club
Fee: \$95.00 per program number

About the program: For **ages 3 to 5**. This six-week program is a great way to introduce your child to the fundamentals of basketball. During this clinic, your child will dribble, shoot, score and more! Each child will receive an "All Star Basketball Trophy."

TODDLER TIME

Risa D'Amaso, Instructor

Program No: **321101-A (Session 1)**
121101-A (Session 2)
Day & Time: **A:** Tuesdays - 10:00 to 10:45am
B: Tuesdays – 11:00 to 11:45am
Dates: **Session 1:** September 20 – November 22
(8 classes)
(no class September 27 and November 8)



Session 2: January 10 – March 6
(8 classes) (no class February 21)
Site: Sparkle Lake Service Building
Fee: \$68.00 per program number

About the program: For **ages 12 months to 36 months**. Join the fun! Meet new friends and playmates. Children and their parents/caregivers will enjoy a variety of activities including arts and crafts, stories and free play. Paints, glue, etc. will be used during class time. Please wear appropriate clothing. Children must be accompanied by an adult. Please present a copy of child's birth certificate when registering.

INTRODUCTION TO COMPUTERS

CompuChild Technology, Instructor

Program No: **324401-A, B (Session 1)**
124401-A, B (Session 2)
Day & Time: **A:** Mondays – 10:00 to 10:30am
(3 year olds)
B: Mondays – 10:45 to 11:15am
(4 & 5 year olds)

Dates: **Session 1:** September 19 - November 14
(8 classes) (no class October 10)
Session 2: January 9 to March 12
(8 classes)

Site: (no class January 16 & February 20)
Yorktown Community & Cultural Center,
Room 104

Fee: \$120.00 per program number

About the program: Educate 3 year olds and 4 to 5 year olds in a weekly class in groups up to 5 children per class. Each class is approximately 30 minutes long. We teach computer care and understanding, keyboarding and multi-media. The program is designed for the children to have fun and be creative while reinforcing their academic readiness skills.

