



# Yorktown Senior Newsletter

FOR TOWN OF YORKTOWN SENIORS

Sept/Oct 2022

YORKTOWN PARKS & RECREATION DEPARTMENT  
www.yorktownny.org/senior

TEL. (914) 245-4650

Yorktown Parks & Recreation  
**FALL 2022 SENIOR PROGRAMS**

Registration is open!!!

To register and program descriptions please visit:  
<http://register.capturepoint.com/Yorktown>  
OR

**Yorktown Parks & Recreation Department,  
176 Granite Springs, Yorktown Heights  
Recreation Office Hours: M-F, 8:30am - 4:00pm**

\*Fee applies

Sr. Painting A\*:

Mon. 9/12-11/21 (no class 10/10)

9:30-11:30am

Location: Sparkle Lake Building

Sr. Painting B\*:

Mon. 9/12-11/21 (no class 10/10)

10:30-11:30am

Location: Sparkle Lake Building

Mah Jong Club:

Tues. 9/6-12/20

10:00am-12:00pm

Location: AACCCC Room 26

Chair Yoga:

Wed. 9/14-11/2

10:00-11:00am

Location: Zoom (online)

Sr. Line Dancing:

Wed. 9/7-11/16 (1<sup>st</sup> & 3<sup>rd</sup> Weds.)

12:00-1:00pm

Location: Granite Knolls Pavilion

Bridge Club:

Wed. 9/7-12/21

1:00-4:00pm

Location: Sparkle Lake Building

Fall Prevention A:

Thur. 9/15-11/3

2:30-3:30

Location: Sparkle Lake Building

Fall Prevention B:

Fri. 9/16-11/4

1:00-2:00pm

Location: Sparkle Lake Building

Sr. Dance & Exercise:

Fri. 9/9-11/18 (no class 11/11)

10:45-11:45am

Location: AACCCC /Gym

Senior Club Trips/ Events

Yorktown Seniors Chapter 1

Tuesday, October 11, 2022

Eat Dance & Be Merry

Lunch & Entertainment by Sean & Val

Cortlandt Colonial 12:00 - 3:00

Price - \$45 Per Person

Contact: Connie Testa -- (914) 962-0069

St. Patrick's Senior Club

Thursday October 20, 2022- Hunterdon Hills Playhouse  
The Jersey Tenors- Straight from Broadway

Wednesday November 30, 2022- Country Christmas Show at  
Silver Birchers, Hawley PA

**For more information call Phyllis Bradbury  
914-716-9672**

AARP Trips

9/28 - Hudson Luncheon River Boat Cruise & Luncheon

10/26 - 42nd St play (only 6 seats left)

11/10 Resorts World Casino

12/1 Christmas Show at Silver Birchers SOLD OUT (Waiting list only)

**For more information call Rich DeSilva  
914-962-7723**

JOF TRAVEL CLUB

Open to ALL

October 24-26, 2022- Boston & Salem Haunted Happenings

(with a dose of good humor)

November 28-29 2022 - A Sweet Christmas at Hershey, PA

2 Days & 1 Night - All inclusive for only \$291.00 DD/PP

December 4-6 2022 - Christmas in Victorian Cape May

3 days & 2 Nights - All inclusive for \$498.00 (limited Seating)

\*June 25 thru July 5, 2023 - All inclusive 3 night hotels plus

River Boat Cruise from Memphis to Nashville (Air Included)

on the American Queen Paddle Wheel Steamboat

From \$2,899.00 to \$5,299.00

For more information call Jim Higgins 914-302-2836

Or [JOFTRAVEL@optonline.net](mailto:JOFTRAVEL@optonline.net)

# Yorktown Senior Activities Calendar

Funded through the Department of Health & Human Services, N.Y. State Office for Aging,  
Westchester County Department of Senior Programs & Services, and Town of Yorktown.

Phone #'s:

(914) 962-7447  
(914) 245-4650

YORKTOWN SENIOR SERVICES DEPARTMENT  
YORKTOWN PARKS & RECREATION DEPARTMENT

## September 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
** Program require registration at Yorktown Recreation Dept. Office.			Lunch: 12pm	Lunch: 12pm
5	6	7	8	9
<b>LABOR DAY</b>  <b>SITE CLOSED</b>	**Chapter 1: 10am-1pm **Mahjong: 10am-12pm Lunch: 12pm	Lunch: 12pm **Line Dancing: 12-1pm **Bridge: 1-4pm	Lunch: 12pm	**Dance & Exercise: 10:45-11:45am Lunch: 12pm
12	13	14	15	16
**Painting: 9:30-11:30am Shrub Oak: 10am-2pm Lunch: 12pm	**Chapter 1: 10am-1pm **Mahjong: 10am-12pm Lunch: 12pm	**Chair Yoga: 10-11am(Zoom) Lunch: 12pm **Bridge: 1-4pm	Lunch: 12pm **Fall Prevention: 2:30pm	** Dance & Exercise: 10:45-11:45am Lunch: 12pm **Fall Prevention: 1pm Senior Advisory Board Meeting: 1pm
19	20	21	22	23
**Painting: 9:30-11:30am Shrub Oak: 10am-2pm Lunch: 12pm	**Chapter 1: 10am-1pm **Mahjong: 10am-12pm Lunch: 12pm  Stay Strong & Fit Nutrition Center 1-2	**Chair Yoga: 10-11am(zoom) Lunch: 12pm **Line Dancing: 12-1pm **Bridge 1-4pm	Lunch: 12pm **Fall Prevention: 2:30pm	**Dance & Exercise: 10:45- 11:45am Lunch: 12pm **Fall Prevention: 1pm
26	27	28	29	30
**Painting: 9:30-10:30am Shrub Oak: 10am-2pm Lunch: 12pm	**Chapter 1: 10am-1pm **Mahjong: 10am-12pm Lunch: 12pm  Stay Strong & Fit Nutrition Center 1-2	**Chair Yoga: 10-11am(zoom) Lunch: 12pm **Bridge: 1-4pm	Lunch: 12pm **Fall Prevention: 2:30pm	**Dance & Exercise: 10:45- 11:45am Lunch: 12pm **Fall Prevention: 1pm

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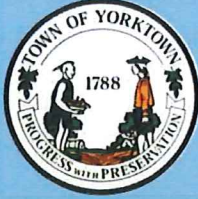
Phone #'s:

(914) 962-7447  
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YORKTOWN SENIOR SERVICES DEPARTMENT  
YORKTOWN PARKS & RECREATION DEPARTMENT

## October 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 **Painting: 9:30-11:30am Shrub Oak- 10am-1pm Lunch: 12pm	4 Chapter 1: 10am-1pm **Mahjong: 10am-12pm Lunch: 12pm  Stay Strong & Fit Nutrition Center 1-2pm	5 **Chair Yoga: 10-11am(zoom) Lunch: 12pm **Line Dancing: 12-1pm **Bridge: 1-4pm	6 Lunch: 12pm **Fall Prevention: 2:30pm	7 ** Dance & Exercise: 10:45- 11:45am Lunch: 12pm **Fall Prevention: 1pm
10 COLUMBUS DAY  SITE CLOSED	11 Chapter 1: 10am-1pm **Mahjong: 10am-12pm Lunch: 12pm  Stay Strong & Fit Nutrition Center 1-2pm	12 **Chair Yoga: 10-11am(zoom) Lunch: 12pm **Bridge: 1-4pm	13 Lunch: 12pm **Fall Prevention: 2:30pm	14 ** Dance & Exercise: 10:45- 11:45am Lunch: 12pm **Fall Prevention: 1pm
17 **Painting: 9:30-11:30am Shrub Oak- 10am-1pm Lunch: 12pm	18 Chapter 1: 10am-1pm **Mahjong: 10am-12pm Lunch: 12pm  Stay Strong & Fit Nutrition Center 1-2pm	19 **Chair Yoga: 10-11am(zoom) Lunch: 12pm **Line Dancing: 12-1pm **Bridge: 1-4pm	20 Lunch: 12pm **Fall Prevention: 2:30pm	21 **Dance & Exercise: 10:45-11:45 Lunch: 12pm Senior Advisory Board Meeting: 1pm
24 **Painting: 9:30-11:30am Shrub Oak- 10am-1pm Lunch: 12pm	25 Chapter 1: 10am-1pm **Mahjong: 10am-12pm Lunch: 12pm  Stay Strong & Fit Nutrition Center 1-2pm	26 **Chair Yoga: 10-11am(zoom) Lunch: 12pm **Bridge: 1-4pm	27 Lunch: 12pm **Fall Prevention: 2:30pm	28 **Dance & Exercise: 10:45- 11:45am Lunch: 12pm **Fall Prevention: 1pm
31 **Painting: 9:30-11:30am Shrub Oak- 10am-1pm Lunch: 12pm				Any program noted with ** requires registration



**Diana L. Quast, RMC, CMC**  
**Yorktown Town Clerk**

# **THE MOBILE TOWN CLERK IS BACK!!**

## **Town Clerk's Mobile Office**

In an effort to make some of our services more accessible to our residents, the Town Clerk's Office travels to various locations offering our time and services for your convenience.

Some of the services and information we will be able to provide onsite include:

- Handicapped/Accessible Parking Permits
- Dog Licensing
- EZPass Tags
- Hunting & Fishing Guidelines
- NYS DEC Access Permit Applications
- Notary Public Services
- Other licenses such as Marriage Licensing, Gaming Commission Licenses (Bingo, Raffles, etc.)
- Parks & Recreation Brochure
- Refuse & Recycling Schedule
- Town Maps
- Voter Registration
- Yorktown Senior Newsletter

**The Mobile Town Clerk's Office will be visiting the Wynwood Oaks (10AM-12PM), Jefferson Village (1PM-3PM), and the J.C. Hart Memorial Library (4PM-6PM) on the second and fourth Wednesday of each month. Please stop by if you have any questions or concerns.**

# mainstream▶

the institute for mature adults at Westchester Community College

And

Westchester County Department of Senior Programs and Services *Presents*

## Stay Strong and Fit

Exercises to improve balance, agility, cardiovascular endurance,  
flexibility and strength.

**16 Tuesdays, September 20 – December 20, 2022**

**1:00 – 2:00 pm**

**Yorktown Community Center**



**Course Instructor: Lori Barr**

**To register, call The Yorktown Senior Center at 914-962-7447**

Westchester  
gov.com Mae Carpenter, Commissioner  
Department of Senior Programs and Services

SUNY  
WESTCHESTER  
COMMUNITY  
COLLEGE

Funded through the Department of Health and Human Services, the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services (WCDSPS). In accordance with Federal law, the WCDSPS prohibits discrimination because of race, color, sex, national origin, religion, age or handicap, in all aspects of the provision of services for the benefit and welfare of Senior Citizens, and in all employment practices including hiring, firing, promotion, compensation and other terms, conditions and privileges of employment. Further, subcontractors of the WCDSPS shall be required to meet the above stated standards.



*John C. Hart*  
MEMORIAL LIBRARY

1130 East Main Street  
Shrub Oak, NY 10588  
(914)-245-5262  
[www.yorktownlibrary.org](http://www.yorktownlibrary.org)

**SEPTEMBER & OCTOBER LIBRARY EVENTS. FOR MORE INFORMATION VISIT**  
**[www.yorktownlibrary.org](http://www.yorktownlibrary.org)**

**Weekly Drop-in Programs Are Back at the Library**

Stop by the library and join in the fun! No registration is necessary.

Mondays 10am-1pm Mah Jongg [please bring your own game]

Tuesdays 2:30pm-4:30pm Scrabble & Adult Coloring

Thursdays 10am-12pm Needlework & Quilting

Fridays 12:30-3:30pm Mah Jongg [please bring your own game]



**Baseball in American Culture**

**Thursday, September 22 at 1:00pm**

Baseball first popped up in American culture in the mid-19th century but it was not until the mid-1880s that baseball achieved a level of prominence away from the field. Casey At The Bat was a poem that appeared in the San Francisco Examiner and took on a life of its own. Take Me Out To The Ballgame is still sung 110 years after it was written. Abbott and Costello's biggest routine was Who's On First. Baseball has been a subject in books, on vaudeville stages, on Broadway, in song, in movies and on television. Baseball cards played a role in kids growing up and Yogi Berra became an American icon. Join us as author Evan Weiner leads us on a trip around the baseball diamond. Registration is requested.

**Clean Energy Series with Sustainable Westchester**

Join Sustainable Westchester & Yorktown 100 to learn about the impact of clean energy and the choices you have to support renewables for a healthier environment & community.

Thursday, September 22 at 6:30pm Part #1 Renewable Energy

Thursday, September 29 at 6:30pm Part #2 Understanding Your Energy Choices

Thursday, October 6 at 6:30pm Energy Savings & How to Read Your Bill

Registration is requested.



**Yorktown100**  
Zero Net Carbon Emissions by 2040