

**YORKTOWN SENIOR CENTER**  
**(914) 962-7447**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> KNOCKWURST & SAUERKRAUT BAKED BEANS TATER TOTS CLUB ROLL FRUIT	<b>2</b> PENNE & BROCCOLI WHITE BEANS TOSSED SALAD W/CHICKPEAS & SHREDDED CHEESE WHOLE WHEAT BREAD FRUIT	<b>3</b> <u><b>HAPPY ROSH HASHANAH!</b></u> BEEF BRISKET W/GRAVY HONEY GLAZED CARROTS POTATO LATKES RYE BREAD APPLE PIE APPLESAUCE	<b>4</b> ROAST TURKEY W/GRAVY SWEET POTATOES MIXED VEGETABLES CORNBREAD PEACHES
<b>7</b> CRISPY BAKED FISH LENTIL PILAF GLAZED CARROTS WHOLE WHEAT BREAD MANDARIN ORANGES TARTAR SAUCE	<b>8</b> BEEF SAUERBRATEN W/GRAVY HOT GERMAN POTATO SALAD RED CABBAGE PUMPERNICKEL BREAD GERMAN COFFEE CAKE	<b>9</b> LEMON SPICED CHICKEN THIGHS SUCCOTASH COLLARD GREENS WHOLE WHEAT BREAD FRUIT COCKTAIL	<b>10</b> MEATLOAF W/GRAVY MASHED POTATOES GREEN BEANS DINNER ROLL PEACHES	<b>11</b> VEGETABLE & CHEESE FRITTATA HOME FRIED POTATOES STEWED TOMATOES RYE BREAD PINEAPPLE CHUNKS
<b>14</b> !!! CLOSED !!! 	<b>15</b> BAKED FLOUNDER QUINOA & KALE HONEY GLAZED CARROTS RYE BREAD FRUIT	<b>16</b> CHICKEN PARMIGIANA LINGUINI W/GARLIC & OIL BROCCOLI FLORETS ITALIAN BREAD BOSTON CREAM PIE	<b>17</b> PORK CHOP W/SAUERKRAUT ROASTED POTATOES MIXED VEGETABLES PUMPERNICKEL BREAD PINEAPPLE CHUNKS APPLESAUCE	<b>18</b> TURKEY A LA KING BUTTERED BROWN RICE SPINACH WHOLE WHEAT BREAD FRUIT V8 JUICE
<b>21</b> SOLE FLORENTINE LENTIL PILAF GLAZED CARROTS RYE BREAD APRICOTS	<b>22</b> YANKEE POT ROAST W/GRAVY SCALLOPED POTATOES GREEN BEANS DINNER ROLL OATMEAL COOKIES	<b>23</b> BROCCOLI QUICHE ROASTED POTATOES STEWED TOMATOES WHOLE WHEAT BREAD PINEAPPLE CHUNKS	<b>24</b> CRISPY BAKED CHICKEN CHEESY GRITS COLLARD GREENS CORNBREAD FRUIT	<b>25</b> CHEESE LASAGNA TOSSED SALAD W/CHICKPEAS BROCCOLI FLORETS ITALIAN BREAD CAKE
<b>28</b> STUFFED PEPPER MASHED POTATOES TUSCAN VEGETABLES ROLL FRUIT COCKTAIL	<b>29</b> ROAST TURKEY W/GRAVY SWEET POTATOES CAULIFLOWER & PEAS WHOLE WHEAT BREAD PEACHES	<b>30</b> STUFFED SHELLS TOSSED SALAD W/CHICKPEAS BROCCOLI FLORETS ITALIAN BREAD FRUIT	<b>31</b> <u><b>Happy Halloween</b></u> VEAL "GHOUL"ASH BUTTERED NOODLES CREAMED SPINACH DINNER ROLL COOKIES	

\* Milk served daily

\*\*Menus subject to change without notice.

**IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.**

\*\*\* SUGGESTED DONATION - \$3 PER MEAL \*\*\*