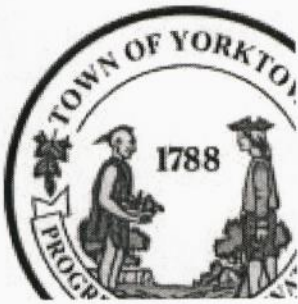


Maura Weissleder

From: Diana Quast
Sent: Monday, October 21, 2024 9:29 AM
To: Maura Weissleder
Subject: FW: Letter to the Yorktown Board and Mr. Lachterman

From: Ed Lachterman <elachterman@yorktownny.org>
Sent: Monday, October 21, 2024 9:27 AM
To: Diana Quast <dquast@yorktownny.org>
Subject: FW: Letter to the Yorktown Board and Mr. Lachterman

Ed Lachterman
Yorktown Town Supervisor



From: Christin Aboulenein <cliquore@gmail.com>
Sent: Sunday, October 20, 2024 9:05 PM
To: Ed Lachterman <elachterman@yorktownny.org>; Sergio Esposito <sesposito@yorktownny.org>; Luciana Haughwout <lhaughwout@yorktownny.org>; Patrick Murphy <pmurphy@yorktownny.org>; Susan Siegel <ssiegel@yorktownny.org>
Cc: Dad <nuts2001@gmail.com>; Mom <mliquore@gmail.com>; Denise Liquore <dliquore@gmail.com>; Sam <usmac708@gmail.com>
Subject: Letter to the Yorktown Board and Mr. Lachterman

Good Evening,

Please see the attached letter expressing our deep concerns with the possibility of reinstating fluoride into our town water. On behalf of my family in Yorktown, and my family in Somers (they are CC'd on this email as well), we hope that this matter never has to be a concern again. There are numerous reasons, as you will read in the letter.

I just want to add a bit of logic here before you take a moment to read our letter. By choosing to end the use of fluoride in our drinking water for good, you are actually respecting the rights of **ALL** citizens of this community. Citizens that want to use flouride in various ways will *still* have this option and choice, as they always have. Those that do not will want it will have their medical autonomy protected and health concerns relieved. **All** parties will win from ending this.

However, if this was to be reinstated, those that want fluoride and are getting it already, will just get more of something they already have easy access to. Those that do not want it will be stripped of their right and will have the burden of

health risks to deal with. Honestly , this is really a no brainer to us. **Everyone** should have their rights and health protected here and there is only one option for that to be possible.

As town board members, one of your very important roles is the health, safety and welfare of your community members. Our family deeply hopes and prays that you take this part of your job with the utmost respect, as your decisions on this matter will affect us all.

Thank you for keeping this in mind as we work together. Our letter is not long and we greatly appreciate you hearing our voices,

Sincerely,
Christin, Sam and Ethan Aboulenein
Ronald, Marilyn and Denise Liquore

Fluoride Letter

Dear Mr. Lachterman and Members of the Town Board,

We hope this letter finds you well. We are writing to express our deep concerns regarding reinstating fluoride to our town's water supply. While fluoride has been promoted for its dental health benefits, it is imperative to consider the dangers associated with its use. The recent federal ruling has made this clear- there ARE real, very real, risks.

- 1. Health Risks:** Numerous studies have raised concerns about the long-term health effects of fluoride exposure. High levels of fluoride have been linked to dental fluorosis, a condition that affects the appearance of teeth, as well as potential skeletal issues. Additionally, there are studies suggesting a correlation between fluoride exposure and various health problems, including thyroid dysfunction. There are also MANY studies ([National Library of Medicine](#) for example) that concluded dangers of fluoridated water with pregnant women and small children. How can we fluoridate our water knowing we are endangering any of our town's population or even potentially?
- 2. Informed Consent:** Adding fluoride to public water systems raises ethical questions about informed consent. Unlike medications that individuals can choose to take, fluoridated water is consumed by everyone, regardless of their personal health choices or needs. This approach undermines individual autonomy and the right to make informed decisions about one's own health. The town is not at liberty to make health decisions for me or my family. The town has never been part of my family's dental plan, why would we start this now? We have the right to choose toothpaste that is with or without fluoride, yet I can potentially be forced to drink water that has it? This is illogical. Additionally, how can the town know that we have consumed what is considered a "safe" amount of fluoridated water? If it is in our drinking water, cooking water, used in our ice makers, in toothpaste and mouthwash, food... - how can the town possibly track my consumption of fluoride and guarantee that we will be safe? The answer is you have no way of knowing what we are consuming and therefore cannot accurately tell us this. Any medication that is administered to me, my doctor knows the precise dosage that I am consuming. The town cannot tell us how much fluoride we will actually consume, nor are they giving us the choice. Our rights and choice are being stripped. This is unethical.
- 3. Risk of Environmental Concerns:** The introduction of fluoride into our water supply can have negative effects on local ecosystems. Research indicates that fluoride can accumulate in plants and animals, potentially disrupting local biodiversity and harming wildlife. As a town that is boasting sustainability and green initiatives, this move undermines your initiatives.
- 4. Other Health Complications:** Our family is not unlike most others in that we have members in town and in Somers with numerous health issues. These issues include ADHD, post COVID effects as well as mold detoxification. These health uses are extremely sensitive and the introduction of an artificial chemical (man-made fluoride is artificial as it is not naturally occurring) is problematic in their treatment and recovery from these issues. We are now adding in a chemical in an unknown amount with known potential dangers, to interact with already difficult health issues.
- 5. Alternative Solutions:** There are many effective ways to promote dental health without adding fluoride to the water supply. People have the right to choose their toothpaste, choose topical treatments at the dentist, choose supplements if they wish, choose mouthwashes.. There are many many choices for those that want it. However, by adding fluoride to the water you take away that choice from people that *do not* want it.

In light of these concerns and the recent federal court ruling, we strongly urge the Town Board to reconsider the proposal to add fluoride back to our water supply. It is crucial that we prioritize the health and well-being of our community while also respecting individual rights and environmental integrity. With all the research that has become available to us and the additional research coming out every day, why would we risk this? We are not opposed to those that welcome the consumption of artificial fluoride. They have every right to do so. But by adding it to the water you are stripping that same right away from others.

Thank you for your attention to this important matter. We appreciate your commitment to the health and safety of our town and ALL of its members.

Sincerely,

Christin, Sam and Ethan Aboulenein

2681 Gregory St

Ronald, Marilyn and Denise Liquore

562 D Heritage Hills

"In all, there is substantial and scientifically credible evidence establishing that fluoride poses a risk to human health; it is associated with a reduction in the IQ of children and is hazardous at dosages that are far too close to fluoride levels in the drinking water of the United States," the judge wrote in his ruling.