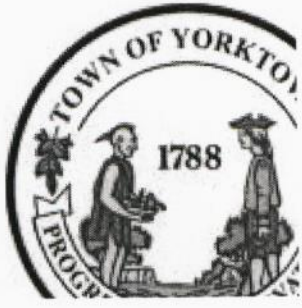


FLUORIDE



**From:** Robin Stigell [REDACTED]  
**Sent:** Wednesday, October 16, 2024 10:58 AM  
**To:** Ed Lachterman <elachterman@yorktownny.org>; Sergio Esposito <sesposito@yorktownny.org>; Luciana Haughwout <lhaughwout@yorktownny.org>; Patrick Murphy <pmurphy@yorktownny.org>; Susan Siegel <ssiegel@yorktownny.org>  
**Cc:** \*Mine\* 😊 🌐 <mstig85@yahoo.com>  
**Subject:** Flouride Public Hearing Discussion

Good Morning,

My name is Robin Stigell, and I have proudly called Yorktown home for all 39 years of my life. I want to start by expressing my sincere gratitude to this board for truly listening to our community. Your commitment to prioritizing the health of our residents by pausing the fluoridation process until more information is available is greatly appreciated.

After attending last night's board meeting and hearing from both supporters and opponents of fluoridation, I had an important realization that I'd like to share. During my studies in psychology, I learned a valuable lesson: when discussing contentious issues, it's essential to consider the impact of generational cohorts. Each generation carries its own teachings and social norms, which profoundly influence how we learn, interpret, and accept information.

Millennials, with their emphasis on critical thinking and questioning authority, have begun to challenge established norms in areas like big pharma and medical advice. Unlike previous generations, who were more likely to accept medical guidance without question, millennials are inclined to scrutinize the motivations behind pharmaceutical companies and seek transparency in medical practices. This mindset has fostered a culture where individuals advocate for informed consent, prioritize holistic approaches, and demand accountability, ultimately driving a more critical discourse around health and wellness.

While I sat and listened to the opposing sides, I found myself becoming increasingly frustrated as I was consistently hearing those in favor of fluoride telling those opposed that our opinions simply do not matter because we do not have the education or fancy titles to decide what we put into and onto our bodies. Our research and science were referred to as "fake" simply because it did not fit their agenda. I observed individuals who were unwilling to listen. Unwilling to accept that "science" is forever changing and that it is quite possible that what was once considered safe and necessary may no longer be. In my opinion, change is

made when people ask questions. We cannot continue to require people to quite frankly "sit down and shut up" and then shun them for asking questions.

To put it very simply, this is MY BODY and it should be MY CHOICE as to what goes into and onto it. Those who want the fluoride should be allowed to choose to consume it and those who do not wish to drink the fluoride should be allowed to drink water clean from it. Shutting off the fluoride does just that. It provides all of us with the CHOICE to do what is best for ourselves and our children.

Please consider providing education to those who may need to know where to find fluoride pills for their consumption and continue to shut this down for those of us who do not want it.

Allowing us all the choice to manage our bodies the way in which we feel is best is all that those of us who oppose the fluoride are asking for.

Thank you for your time.

**Robin Stigell**

